

JUL

MENU 2023

GEAR UP FOR SPANISH CLASS



ANNOUNCEMENTS:

1% White Milk & FF
Chocolate Milk offered
with each meal.

Water offered at no
charge at each meal.

Meals subject to change
based on availability.

MONDAY

3RD

TUESDAY

4TH

WEDNESDAY

5TH

THURSDAY

6TH

FRIDAY

7TH

----- Closed – 4th of July Break -----

10TH

Chocolate Pop Tart
Apple Juice
Fresh Orange

11TH

Sausage, Egg,
& Cheese Croissant
Mixed Fruit Cup
Fresh Apple, Grape Jelly

12TH

Cinnamon French
Toast Sticks
Applesauce Cup
Fresh Strawberries, Syrup

13TH

Bacon & Egg Breakfast Taco
Mixed Fruit Cup
Fresh Orange
Picante Sauce

14TH

**Summer
Break**

Tangerine Chicken w/ Fried Rice &
Egg Roll
Fresh Cucumber Slices
Green Beans
Fresh Apple
Strawberry Cup

Chicken Bites w/ Roll
Charro Beans
Fresh Side Salad
Mixed Fruit Cup
Fresh Orange

Crispy Chicken Burger w/Cheese
Fresh Sandwich Trimmings
Seasoned Curly Fries
Pear Cup
Fresh Watermelon

Hamburger
Fresh Sandwich Trimmings
Sweet Potato Fries
Raspberry Applesauce
Fresh Strawberries

17TH

Cinnamon Toast
Crunch Cereal
Mixed Fruit Cup
Fresh Orange

18TH

Sausage & Egg Biscuit
Orange Juice
Fresh Apple
Grape Jelly

19TH

French Toast
Pear Cup
Fresh Strawberries
Syrup

20TH

Sausage & Egg Breakfast Taco
Dried Cranberries
Fresh Orange
Picante Sauce

21ST

**Summer
Break**

Cheeseburger
Fresh Sandwich Trimmings,
Refried Beans, Tater Tots
Strawberry Cup
Fresh Apple

WG Mini Corn Dogs
Green Beans (Canned)
Frozen Curly Fries
Pear Cup (canned)
Fresh Orange

Chicken Tenders w/ Roll
Fresh Cucumber Slices
Mashed Potatoes
Strawberry Applesauce
Fresh Watermelon

Black Forest Ham & Cheese Sandwich
Cool Ranch Doritos
Fresh Baby Carrots
Fresh Sandwich Trimmings
Applesauce
Fresh Strawberries

24TH

Chocolate Pop Tart
Apple Juice
Fresh Orange

25TH

Sausage, Egg,
& Cheese Croissant
Mixed Fruit Cup
Fresh Apple, Grape Jelly

26TH

Cinnamon French
Toast Sticks
Applesauce Cup
Fresh Strawberries, Syrup

27TH

Bacon & Egg Breakfast Taco
Mixed Fruit Cup
Fresh Orange, Picante Sauce

28TH

**Summer
Break**

General Tso's w/Fried Rice
& Egg Roll
Fresh Cucumber Slices
Green Beans
Strawberry Cup, Fresh Apple

Chicken Bites w/Roll
Charro Beans
Fresh Side Salad
Mixed Fruit Cup
Fresh Orange

Crispy Chicken Burger w/Cheese
Fresh Sandwich Trimmings
Seasoned Curly Fries
Strawberry Cup
Fresh Watermelon

Bacon Cheeseburger
Fresh Sandwich Trimmings
Sweet Potato Fries
Pear Cup
Fresh Strawberries

31ST

**Summer
Break**

Serving times:

Breakfast: 7 am – 8 am

Lunch: 12 pm – 1 pm



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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